

# **Assembly Instructions**



#### **JumpStar Round Trampolines**

**6F Trampoline:** 

Size: 6` (182cm) Springs: 42 Legs: 3 Weight: 90kg



## **WARNING**



NO MORE THAN ONE PERSON AT A TIME ON THE TRAMPOLINE! MULTIPLE JUMPERS INCREASE THE RISK OF INJURY SUCH AS BROKEN HEAD, NECK, LEG, OR BACK



PARALYSIS OR DEATH CAN RESULT IF YOU LAND ON YOUR HEAD OR NECK! DO NOT PERFORM SOMERSAULTS (FLIPS AS THIS WILL INCREASE YOUR CHANCES OF LANDING ON YOUR HEAD OR NECK

#### **SAFETY PRECAUTIONS**

Trampolines are amazing fun for the whole family if care is taken and children are taught the right and safe way to use them.

Trampolining is a popular activity which provides children with both physical exercise and enjoyment. The injury risks associated with trampolining are high, and can have serious consequences

Trampolines are a fun way to exercise and help to develop co-ordination, balance and motor skills. However, they need to be used appropriately as they are also the cause of many injuries to children. Injuries can occur when children fall off or hit the side of the trampoline, impact one another or sustain injuries from double bounce.

Younger children are at risk as they can wander underneath and get hit when someone bounces above them. Injuries can include cuts, bruises, sprains and fractures and the most severe risks include injuries to the child's brain and spine. Trampolines require regular inspection and maintenance and children should always be supervised when using one.

Most trampolines now come with a safety net or enclosure and we strongly recommend you only use a trampoline with a net or enclosure installed. This is a safety precaution and aims to prevent children falling off the trampoline and also to absorb the impact of any potential falls before the child reaches the padding.

Inspect the trampoline before each use to make sure that the mat does not have holes, the frame is not bent, the springs are securely attached, the frame padding is correctly and securely positioned, and the leg braces are securely locked. A trampoline in poor condition will increase risk of injuries. Inspect the trampoline before each use for bent steel tubes, torn mat, loose orbroken springs, and overall stability of the trampoline.

Make sure that the surface under and around the trampoline (the safe fall zone) is soft - use wood chips, sand, or cushioning material. The safe fall zone should be at least two metres wide on all four sides of the trampoline.

Keep the safe fall zone clear from hazards such as fences, toys, and overhead objects like clothes lines, trees and wires. A minimum overhead clearance of eight metres from ground level is recommended.

Make sure that children are supervised at all times. Take particular care with children under six years of age.

DO NOT use the trampoline if there are pets, other people, or any objects underneath the trampoline. This will increase the chances of an injury occurring. DO NOT hold

any foreign objects in your hand and DO NOT place any objects on the trampoline while anyone is playing on it. Please be aware of what is overhead when you are playing on the trampoline. Tree limbs, wires, or other objects located over the trampoline will increase your chances of getting injured.

Please be aware of the weather conditions when using the trampoline. If the mat of the trampoline is wet, the jumper could slip and injure him or herself. If it is too windy, jumpers could lose control.

Supervise children at all times, regardless of age. It is recommended that children under six should not use trampolines but if they do, take extra care with younger children as they are more prone to serious injury on trampolines.

#### **JUMPERS**

- Do not use trampoline if you have consumed alcohol or any drugs
- Remove all hard sharp objects from person before using trampoline
- You should climb on and off in a controlled and careful manner. Never jump on or
  off the trampoline and never use the trampoline as a device to bounce onto or into
  another object.
- Always learn the basic bounce and master each type of bounce before trying more difficult types of bounces.
- To stop your bounce, flex your knees when you land on the mat with your feet
- Always be in control when you are bouncing on the trampoline. A controlled jump is
  when you land at the same spot that you took off from. If at any time you feel out of
  control, try to stop your bouncing.
- Do not use trampoline if you have consumed alcohol or any drugs
- · Remove all hard sharp objects from person before using trampoline
- Always be in control when you are bouncing on the trampoline. A controlled jump is
  when you land at the same spot that you took off from. If at any time you feel out of
  control, try to stop your bouncing.
- Do not jump or bounce for prolonged periods of time or too high for a number of jumps
- Never have more than 1 person on the trampoline at any time
- Always have a supervisor watching you when you are on the trampoline

#### **SUPERVISORS**

Educate yourself with the basic jumps and safety rules. To prevent and reduce the risk of injuries, enforce all safety rules and ensure that new jumpers learn the basic bounces before trying more difficult and advanced jumps

- All jumpers need to be supervised, regardless of skill level or age.
- Never use the trampoline when it is wet, damaged, dirty, or worn out. The trampoline should be inspected before any jumpers start bouncing on it.
- · Make sure there is only one person jumping at any time
- Keep all objects that could interfere with the jumper away from the trampoline. Be aware of what is overhead, underneath, and around the trampoline.

To prevent unsupervised and unauthorised use, the trampoline should be secured when not in use.

#### WINDY CONDITIONS

In severe wind situations, the trampoline can be blown about. If you expect windy weather conditions, the trampoline should be moved to a sheltered area or disassembled. Another option is to tie the round, outside portion (top frame) of the trampoline to the ground using ropes and stakes. To ensure security, at least three (3) tie downs should be used. Do not just secure the legs of the trampoline to the ground because they can pull out the frame sockets.

#### **MOVING THE TRAMPOLINE**

If you need to move the trampoline, two people should be used. All connector points should be wrapped secured with weather resistant tape, such as duct tape. This will keep the frame intact during the move and prevent the connector points from dislocating and separating. When moving, lift the trampoline slightly of the ground and keep it horizontal to the ground. For any type of other move, you should disassemble the trampoline.

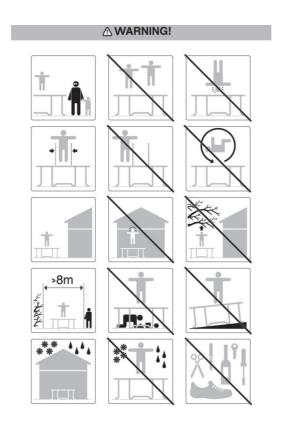
#### TRAMPOLINE PLACEMENT

The minimum overhead clearance required is 24 feet (7.3 meters) and a clearance of 2m around the perimeter of the trampoline. In terms of horizontal clearance, please ensure that no hazardous objects are near the trampoline such as tree limbs, other recreational objects (i.e. swing sets, swimming pools), electrical power wiring, walls, fences, etc.

For safe use of the trampoline, please be aware of the following when selecting a place for your trampoline:

- · Make sure it is placed on a level surface
- · The area is well lit
- There are no obstructions beneath the trampoline

If you do not follow these guidelines, you increase the risk of someone getting injured.



#### **ASSEMBLY INSTRUCTIONS**

**To assemble this trampoline** all you need is our special spring loading tool provided with this product.

During periods of non-use. This trampoline can be easily disassembled and stored.

Please read the assembly instructions before beginning to assemble the product.

#### PRIOR TO ASSEMBLING

Please refer to page for part descriptions and numbers. The assembly steps use these descriptions and numbers as reference for your convenience.

Make sure that you have all parts listed. If you are missing any parts, please refer to page for Instructions on how to attain any parts.

To prevent any injuries to your hands from pinch points during assembly, please use gloves to protect your hands.

#### **PARTS LIST**

Please select your trampoline size.

Ref No	Part Number	Description	6'
1	HJ809-28	Tramp Mat, stitched with V-Rings	1
2	HJ810-28	Frame Padding	1
3	HJ812	Top Rail with Leg Sockets	3
4	HJ813	Top Rail	3
5	HJ804	Leg Base	3
6	HJ805	Vertical Leg Extension	0
7	HJ811-28	Galvanized Springs	42
8	HJ807	Safety Instruction	1
9	HJ808	Spring Loading Tool	1



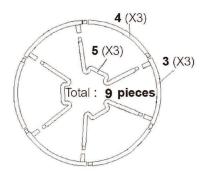


REMEMBER TO USE GLOVES
DURING ASSEMBLY TO AVOID
PINCHING AND IT WILL TAKE AT
LEAST TWO PEOPLE TO ASSEMBLE
THE TRAMPOLINE

#### **STEP 1- Frame Layout**

There are a total of 20 pieces of steel tubing parts that is needed to assemble the frame. All parts with the same part number are interchangeable and have no "right or "left" orientation, To connect the parts, simply slide a section (male) tubing that is smaller on one end into the adjacent section (female) that has a larger opening. These joints are called "connector points".

#### 6' Trampoline (3 Legs)

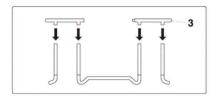


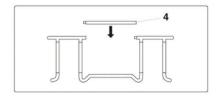
#### **STEP 2 - Top Rail Assembly**

**A.** Two people will be necessary at this point to assemble the trampoline.

PERSON I: Lifts the Leg base (5) to a standing (vertical) position and inserts one of the sockets of the Top Rail with Sockets (3) into the Leg base portion of the Support Assembly.

PERSON II: Holds the other end and inserts that portion into the other Support Assembly as shown.





You should now have 2 Support Assemblies held together by 1 Top Rail with Socket.

**B.** Now, install the top rails (REF-4) into the gaps between the top rails (REF-4) into the gaps between the vertical leg extensions (REF-6) by inserting them into the slots as shown.

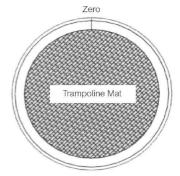
#### STEP 3 - Attaching the Jumping Mat to the Frame

WARNING - Failure to follow instructions may result in damaged springs or frame warping/displacement

#### SPRINGS SHOULD BE ATTACHED AS PER INSTRUCTIONS BELOW

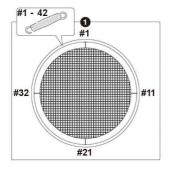
- · Make sure all spring hooks face down.
- · All warning labels must be facing upwards.
- Spring hooks must be pushed securely into the frame holes.

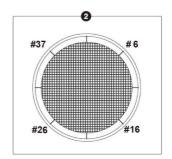
**A.** Lay out the trampoline mat (REF-1) inside the frame with warning labels facing up.

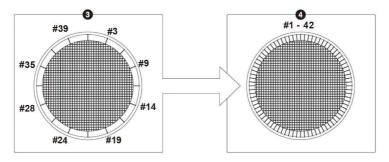


#### **Spring Loading instruction:**

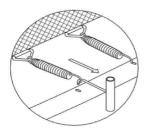
- 1. WARNING Wear heavy duty working gloves to protect your hand.
- 2. Use the special spring loading tool (REF-9) included
- 3. Hold and align spring so the hook of the spring lines up with hole on the steel frame.
- **4.** Hold and align spring so the hook of the spring lines up with hole on the steel frame.







Drop hook into frame hole until it latches on completely and tap it down if hook is not completely in the hole.



- BE CAREFUL NOT TO PINCH FINGERS.
- USE GLOVES TO PREVENT PINCHING.
- KEEP SPRINGS DRY AS WET SPRINGS ARE VERY SLIPPERY
- B. Select your spring quantity.
- C. Select an arbitrary point on the top rail frame (call it one). Attach a spring (REF-7) with spring hooks FACE DOWN to the v-ring of the mat and to the aligned hole of the main frame
- **D.** If you notice that you have skipped a hole and V Ring connection, recount and remove or attach any springs required to maintain the count of springs.

NOTE: If you notice that you have skipped a hole and v-ring connection, recount and remove or attach any spring required to maintain the count of springs.

#### **STEP 5 - Frame Padding Assembly**

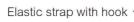
WARNING: Never uses the trampoline without attaching the frame padding. Properly tie down the frame padding before each use!

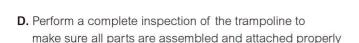
**A.** Lay the Frame Padding over the trampoline so that the springs and the steel frame are covered. Please ensure that the Frame Padding covers all metal parts.

**B.** First tie all the black webbings which sewn on the inner arc of pad to steel "V" rings.



**C.** Then get all the hooks to the steel "V" rings, around the rail tube.





Read this entire manual and make sure all jumpers completely understand all of the safety rules printed in the manual and on the various warning signs. Instruct all jumpers in the basic bounces described in the manual.

IMPORTANT NOTICE: Make sure the safety padding is securely attached to the frame and completely covers the frame and all springs before using this trampoline. Do not use trampoline even if one spring or v-ring is damaged or missing.

#### CARE AND MAINTENANCE

This trampoline was designed and manufactured with quality materials and craftsmanship. If proper care and maintenance is provided, it will provide all jumpers with years of exercise, fun, and enjoyment as well as reduce the risk of injury. please follow the guidelines listed below:

This trampoline is designed to withhold a certain amount of weight and use. Please make sure that only one person at any one time uses the trampoline. Also, the person should weigh less than 100kgs. Jumpers should either wear socks, gymnastics shoes, or be barefoot when using the trampoline. Please be aware that street shoes or tennis shoes should NOT be worn while using the trampoline. In order to prevent the trampoline mat from getting cut or damaged please do not allow any pets onto the mat. Also, jumpers should remove all sharp objects from their person prior to using the trampoline. Any type of sharp or pointed objects should be kept off the trampoline mat at all times.

Always inspect the trampoline before each use for worn, abused or missing parts. A number of conditions could arise that may increase your chances of getting injured. Please be aware of:

- · Punctures, holes, or tears in the trampoline mat
- · Sagging trampoline mat
- · Loose stitching or any kind of deterioration of the mat
- · Bent or broken frame parts, such as the legs
- · Broken, missing, or damaged springs
- Damaged, missing, or insecurely attached frame pad
- · Protrusions of any types (especially sharp types) on the frame, springs, or mat

IF YOU FIND ANY OF THESE CONDITIONS OCCUR, OR ANYTHING ELSE THAT YOU FEEL COULD CAUSE HARM TO A USER, THE TRAMPOLINE SHOULD BE DISASSEMBLED OR NOT USED UNTIL THE CONDITION(S) HAVE BEEN RECTIFIED

### Enjoy your trampoline!



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